

To donate directly online and watch my video with Tedy Bruschi go to my corporate website:

www.my-physical-therapy-coach.com

Support David Dansereau/Boston Marathon 2009

Donations to Tedy's Team

Donation Amount:

\$ _____

Name: _____

Address: _____

Zip/Postal Code: _____

Email: _____

Make Your Check Payable To:

ASA-NEA-Boston,MA

Mail this form and your check directly to me and I'll send it to Tedy's Team:

Mailing Address:

David Dansereau

PO Box 7242

Cumberland,RI 02864

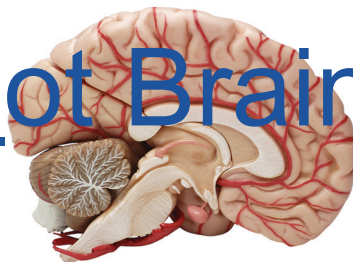
Thank you so much for your contribution!

ASA-American Stroke Association
Tedy's Team

Online donations:

www.my-physical-therapy-coach.com/tedys-team-boston.html

Got Brain ?



Time Lost is Brain Lost.
Know Your Stroke
Warning Signs
www.know-stroke.org

- *Sudden numbness, weakness of the face, arm or leg, esp. on one side of the body
- *Sudden confusion, trouble speaking, or understanding
- *Sudden trouble seeing in one or both eyes
- *Sudden trouble walking, dizziness, loss of balance or coordination
- *Sudden severe headache with no known cause

Call 9-1-1 FAST !



Sign up here to follow my updates:

www.my-physical-therapy-coach.com/health-e-news.html

401.632.0868



Do you know Oprah?

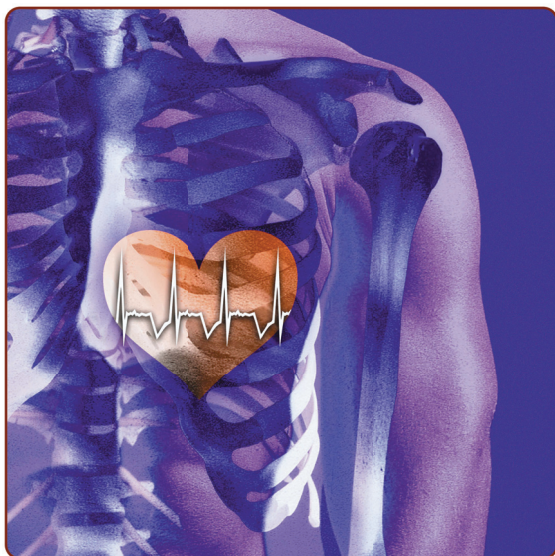
"I'm in training to run the 2009 Boston Marathon with Tedy's Team but I'm not stopping at the finish line."

"The marathon is the next step in my journey to raise national awareness for the stroke/PFO/migraine connection. I'm not stopping until Oprah calls. Can you help support my efforts?"

David Dansereau
Stroke Survivor



Learn more about my Oprah Challenge here:
www.know-stroke.org



Why I Run

I'm training again with Heidi and Tedy Bruschi to run the 2009 Boston Marathon to benefit Tedy's Team! It has been just under 2 years since my heart surgery to repair the hole in my heart that caused my stroke. I am blessed to report I have been migraine free with a clear head for exactly that same time period and have almost completely recovered from my stroke.



Please read more about PFO, migraines and increased stroke risk on my website as well as why I can't stop running until Oprah calls...

Raise Awareness

Although my heart is now healed, there is still so much more work that needs to be done and this is why I continue to run with Tedy's Team. As it turns out during my stroke season, I discovered many physicians also need more training and awareness to screen for stroke, especially where it relates to this possible heart/brain/migraine connection. It is my goal to help raise awareness for stroke by advocating for research to develop a better understanding of this connection between the heart and brain and improve education, awareness and screening tools for physicians, coaches, and parents. To that end, I continue to run with Tedy's Team and the Boston and Rhode Island affiliates of the American Heart/Stroke Associations to help raise awareness. There is a great need for better education and research because as you may already know this heart defect can be potentially devastating, especially for young stroke and migraine survivors that often get misdiagnosed or ignored due to age. This is why I run and why I am asking for your support.

Did you know 25% of the population is born with a "silent" heart defect called a PFO that can lead to a stroke?

I know. This is what caused my stroke. Read my story and what I've been doing to raise awareness at my site:

Know-Stroke.org

Please consider a tax-deductible contribution to my cause by donating to the American Stroke Association directly through the secure Tedy's Team page on my website or use the included donation form if you'd prefer to mail in your donation.

About Tedy's Team

Tedy's Team was established in 2005 to benefit the American Stroke Association by raising awareness and much needed funds for stroke research. Tedy's Team is a premier fundraising campaign for the American Stroke Association (ASA), a division of the American Heart Association. Tedy Bruschi suffered a stroke in February 2005, just after winning his third Super Bowl ring and returning from the Pro Bowl in Hawaii. Just like David, Tedy's stroke was also caused from a previously undetected PFO. David is excited to join forces with Tedy's Team to raise awareness, and much-needed funds, to battle the number one cause of disability and the number three cause of death in the United States. Since its inception in 2005, Tedy's Team has raised over \$800,000 for stroke research, education, and awareness.

p.s. If you would like to speak to me personally about matching corporate donations, fundraising ideas, or ways you could help raise awareness in your own neighborhood please contact me directly at (401)632-0868 or donate online. Your tax-deductible contribution, sent as soon as possible, is greatly appreciated! Every dollar makes a difference toward stroke research and education. THANK YOU!

David Dansereau, Stroke Survivor